

# CHAOS TRAINING PROGRAM

# KIDS

## » PROGRAM

- ★ **TECHNIQUE FOUNDATIONS**  
Technique work in different styles, work on coordination, balance, isolations and textures.
- ★ **MUSICALITY & RHYTHM**  
Work on musicality, understanding the music, the accents, rhythms and tempos.
- ★ **CREATIVITY & FREESTYLE**  
Confidence and imagination development, creations, freedom of movement.
- ★ **CHOREOGRAPHY TRAINING**  
Choreography learning in different styles, performance work.
- ★ **PERFORMANCE SKILLS**  
Work on expression, energy, presence and confidence.
- ★ **FINAL PROJECT**  
Video work/Performance (depending on possibilities)

## » AGES

- ★ 6 - 13 YEARS OLD

## » WHEN

- ★ **EVERY FRIDAY**  
(based on the school calendar)
- ★ 17h00-18h15

## » LEVEL

- ★ OPEN TO ALL LEVELS

\*program will evolve on semester 2

## » PRICING

- ★ CHF 270.00 /SEMESTER  
15 CLASS/SEMESTER  
1H15 EACH WEEK

## » TEACHERS

- ★ CLASS WILL BE GIVEN MOSTLY BY THE LAB'S COACHES
- ★ GUESTS AND EXTERNAL TEACHERS WILL BE PLANNED THROUGH THE YEAR

» YOUR TRAINING STARTS HERE - JOIN US!

\*REGISTRATION  
ON OUR WEBSITE



CHAOS DANCE LAB